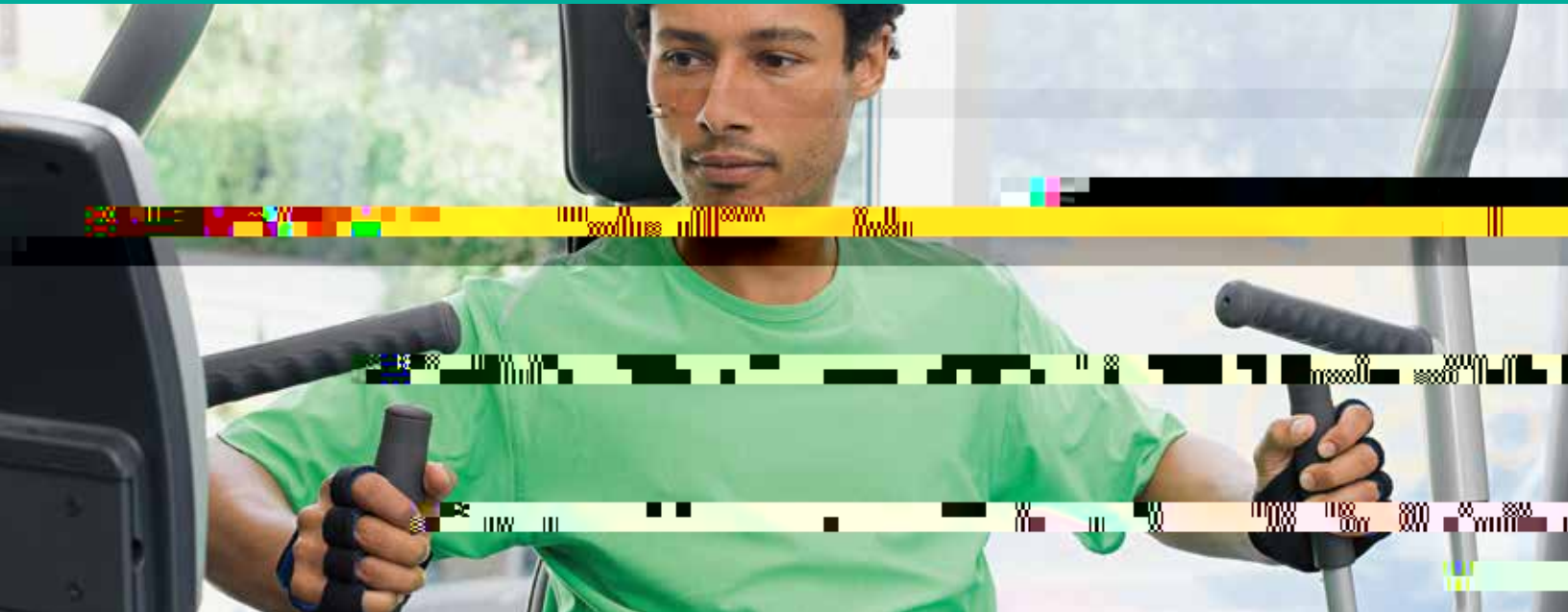


Quality health plans & benefits
Healthier living
Financial well-being
Intelligent solutions



Save money on getting and staying in shape

Fitness Discounts

There are many reasons to get fit

Here are just a few. You'll look and feel better. You can also lower your risks for heart disease, high blood pressure, diabetes ... even depression.

And with fitness discounts you can save, too. Just for taking good care of yourself.

You can:

- Save on gym memberships
- Save on treadmills, ellipticals and more
- Try an at-home weight-loss program
- Get health coaching to stop smoking, lower stress and more

You get these discounts at no extra cost

They are available to you as part of your Aetna health benefits and insurance plan. Family members may be able to take advantage of them, too.

Plus, it's easy to get started. Once you're an Aetna member, just sign up online at www.globalfit.com/fitness. Or call 1-800-298-7800 .

Try a gym for free

You can get a free guest pass at most gyms. It's a great way to check out the gym culture, services and equipment before you sign up. To get yours, visit www.globalfit.com/fitness .

If you require language assistance from an Aetna Student Health representative, please call the Member Services number located on your ID card, and you will be connected with the language line if needed; or you may dial direct at 1-888-982-3862. (140 languages are available. You must ask for an interpreter.) TDD 1-800-628-3323 (hearing impaired only).